



Center for Advancing Rural Health Equity

The First Gathering of the Center for Advancing Rural Health Equity: Working Together to Improve Health for Rural New England Communities Monday, November 7, 2022 Lake Morey Resort, Fairlee, VT

This is the first gathering hosted by the Center for Advancing Rural Health Equity. The Center creates a gathering space for members from community services, health care delivery, research, and education to bring about transformational change by working together to eliminate unfair conditions and helping people in our rural New England communities to be as healthy as possible.

Participants will develop a deep understanding of the full scope of work to advance health equity in our region, participate in discussions and networking opportunities, and feel equipped to engage in health equity efforts in our communities.

PROGRAM AT A GLANCE

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|----------------|---------------------------------------------------------------------------------------|
| 8:30-9:00 AM | Registration |
| 9:00-10:30 AM | Welcome and Opening Session |
| 10:30-10:45 AM | Break, Stretch, and Transitions |
| 10:45-11:40 AM | Breakout 1: Lessons from the Community: Partnerships for Rural Health Equity |
| 11:45-12:40 PM | Open Space Idea Generator |
| 12:40-1:40 PM | Lunch |
| 1:45-2:40 PM | Breakout 2: Setting up for Success: Exploring Skills for Equity-related Collaboration |
| 2:40-2:50 PM | Break, Stretch, and Transitions |
| 2:50-3:45 PM | Panel: Striving for Effective and Equitable Partnerships to Advance Health Equity |
| 3:45-4:00 PM | Closing in Gratitude |
| 4:00-5:00 PM | Networking Reception |

SESSION DETAILS

9:00-10:30 AM

Terrace Ballroom

Welcome and Setting the Stage

Rudy Fedrizzi, MD, Public Health Services District Director, Vermont Department of Health
Sally Kraft, MD, MPH, Vice President, Population Health, Dartmouth Health

Keynote: Working Equitably to Assure an Equal Opportunity for All to Thrive

Trinidad Tellez, MD, Principal at [Health] Equity Strategies, LLC; Adjunct Instructor, The Dartmouth Institute for Health Policy and Clinical Practice; and former Director, Office of Health Equity, New Hampshire Department of Health and Human Services

Reflections: Understanding the Landscape of Rural Northern New England

Rich Grogan, MPA, PhD, Executive Director, Northern Border Regional Commission
Joanne Conroy, MD, President and CEO, Dartmouth Health

10:45-11:40 AM

Breakout 1: Lessons from the Community: Partnerships for Rural Health Equity

During this session community members, health care providers, teachers and learners, and researchers will share examples from collaborative projects that work toward improved health equity in our communities.

Session 1: Maternal and Family Health

Waterlot Room

Pregnancy and Substance Use Disorder

Daisy Goodman, MPH, DNP, Director of Women's Health Services, Perinatal Addiction Treatment Program, Dartmouth Health

Meagan Adams, Community Ambassador for *Early and Lasting Connections*

Cheri Bryer, CRSW, Certified Recovery Coach, Dartmouth Health

North Country Maternity Network

Kris van Bergen-Buteau, Director of Workforce Development & Public Health Programs, North Country Health Consortium

Tim Fisher, MD, MS, Obstetrician and Gynecologist, Dartmouth Health

Session 2: Health and Housing

Terrace Ballroom

Housing for our Communities

Debby Miller, Vice President of External Relations, NH Community Loan Fund

Greg Norman, MS, Senior Director of Community Health, Dartmouth Health

Old Housing, New Challenges: Children and Lead Exposure in Rural Communities

Sue Tanski, MD, Section Chief, General Pediatrics, Dartmouth Health

Gail Gettens, MS, ECMP, Healthy Homes and Lead Poisoning Prevention Program, New Hampshire Department of Health and Human Services

Session 3: Food and Nutrition

Edgewater Room

COVID-19 and Food Insecurity in Rural Primary and Prenatal Care Practices

Maureen Boardman, FNP, Director of Clinical Quality and Family Medicine, Little Rivers Health Care

Tiffany d’Cruze, MD Candidate, Geisel School of Medicine at Dartmouth

Arvind Suresh, MD Candidate, Geisel School of Medicine at Dartmouth

A Fresh Food Pantry for Cancer Patients

Catherine Reed, LICSW, Continuing Care Manager, Social Work, Dartmouth Cancer Center

Jennifer Fontaine, MS, Director of Operations, Upper Valley Haven

11:45-12:40 AM

Terrace Ballroom

Open Space Idea Generator

This semi-structured Open Space session will encourage collaboration by bringing people together to explore shared interests and generate and advance ideas to improve rural health.

1:45-2:40 PM

Breakout 2: Setting up for Success: Exploring Skills for Equity-related Collaboration

As we work together to improve health equity in rural northern New England, we will need to learn new skills from each other. During this session we will discover skills for equity-related work and share ideas about how to be better partners.

Session 1: How can we hear from those whose voices are often missing?

Edgewater Room

Engage in dialogue about tools and approaches to ensure that people who may often be underrepresented or face unique barriers are able to participate fully in health equity work.

Facilitated by Elizabeth Carpenter-Song, PhD, Associate Professor of Anthropology, Dartmouth College

Session 2: How to build trust, the foundation of meaningful partnerships?

Waterlot Room

Engage in dialogue about power dynamics when working in partnership in rural communities and strategies for creating safe and welcoming spaces and building trust.

Facilitated by Lisa McBride, PhD, Associate Dean for Diversity, Equity and Inclusion, Geisel School of Medicine at Dartmouth

Session 3: How do we know we are making a difference?

Terrace Ballroom

Engage in dialogue about ways to measure success when working with small populations, including data stratification, alternative data sources, storytelling, and other approaches.

Facilitated by Christine Gunn, PhD, Assistant Professor, The Dartmouth Institute for Health Policy and Clinical Practice

2:50-3:45 PM

Terrace Ballroom

Panel: Striving for Effective and Equitable Partnerships to Advance Health Equity

During this panel discussion we will explore how we can bring different groups together to accomplish more than each of us working alone.

Elisabeth Wilson, MD, MPH, Chair and Professor, Department of Community and Family Medicine, Dartmouth Health

Ann Fournier, PhD, Assistant Professor, School of Nursing & Health Sciences, Colby-Sawyer College

Angela Zhang, MSW, Programs Director, Listen Community Services

Alka Dev, PhD, Assistant Professor, The Dartmouth Institute for Health Policy and Clinical Practice

Moderated by Sally Kraft, MD, MPH, Vice President, Population Health, Dartmouth Health

3:45-4:00 PM

Terrace Ballroom

Closing in Gratitude

Chelsey Canavan, MSPH, Manager, Center for Advancing Rural Health Equity, Dartmouth Health

Rudy Fedrizzi, MD, Public Health Services District Director, Vermont Department of Health